



**ASFAN**  
REALITY

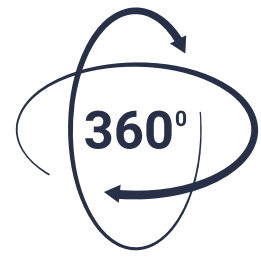
# Dynamic Athletic



Check it on our website



## 360° Video Athletic Experiences



Experience the art and science of athletics through ASFAN's Dynamic Athletic 360° Video Series. Each simulation combines professional technique demonstration with common error visualization, making it the ultimate tool for teaching, training, and inspiring athletes.

### 1. Discus Throw 360°

Step into the throwing circle and feel the full rotation.

- Correct Technique: Footwork, rotation balance, and release angle.
- Errors Shown: Premature release, poor posture, lack of spin momentum.
- Value: Master the rhythm and biomechanics of discus throw.



## 2. Hammer Throw 360°

Unleash the force of controlled spins.

- Correct Technique: Strong grip, controlled pivots, proper alignment.
- Errors Shown: Balance loss, misaligned spins, wrong release.
- Value: Teaches explosive rhythm and strength coordination.



## 3. Javelin Throw 360°

Run, launch, and fly with precision.

- Correct Technique: Proper grip, step rhythm, hip-shoulder alignment, arm release.
- Errors Shown: Low angle, over-rotation, weak follow-through.
- Value: Highlights speed, timing, and accuracy.



## 4. Long Jump 360°

Experience sprint, take-off, flight, and landing.

- Correct Technique: Stride rhythm, take-off angle, in-air posture, landing.
- Errors Shown: Flat take-off, poor approach, imbalance mid-air.
- Value: Enhances performance analysis in jumps.



## 5. High Jump 360°

Perform the Fosbury Flop like a champion.

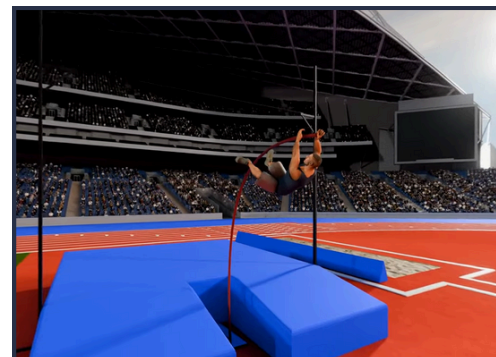
- Correct Technique: Curved approach, explosive take-off, body arch.
- Errors Shown: Poor arching, late jump, bar contact.
- Value: Teaches timing, posture, and bar clearance.



## 6. Pole Vault 360°

Feel the thrill of vaulting above the bar.

- Correct Technique: Grip, pole plant, body extension, bar clearance.
- Errors Shown: Misaligned plant, weak lift-off, poor rotation.
- Value: Builds technical confidence in complex jumps.



## 7. Shot Put 360°

Explosive strength in motion.

- Correct Technique: Glide/spin techniques, stance, power transfer.
- Errors Shown: Bad grip, incomplete rotation, low release.
- Value: Teaches power optimization and energy transfer.



## 8. Triple Jump 360°

Master the hop, step, and jump sequence.

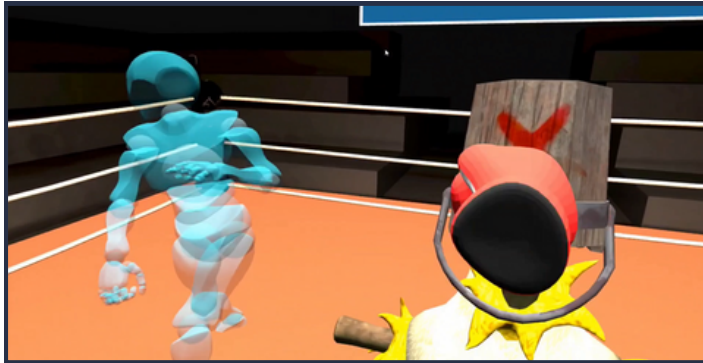
- Correct Technique: Balanced hop, smooth step, final explosive leap.
- Errors Shown: Uneven rhythm, misaligned steps, loss of momentum.
- Value: Improves rhythm, sequencing, and distribution of power.



## VR Experience of Dynamic Athletic Games



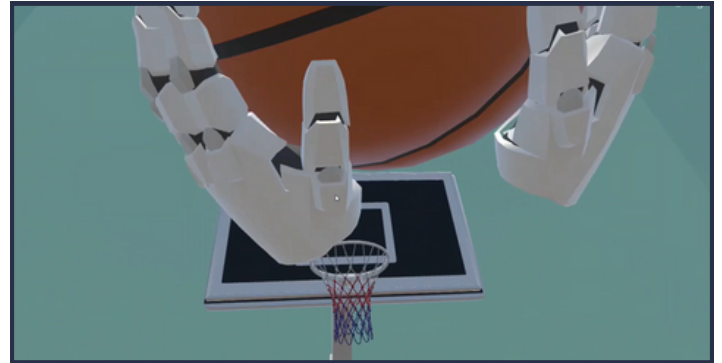
Take athletics to the next level with ASFAN's VR Interactive Games. Unlike the 360° video experiences, these simulations let players become the athlete—every punch, throw, or shot comes directly from their own movements.



### 1. Boxing VR

Enter the ring and fight like a pro.

- Realistic gameplay with punching, blocking, and dodging.
- Builds stamina, reflexes, and coordination.
- Ideal for fitness centers and training programs.



### 2. Basketball VR

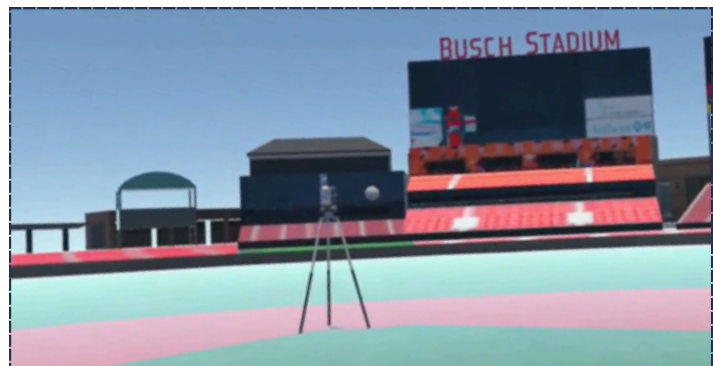
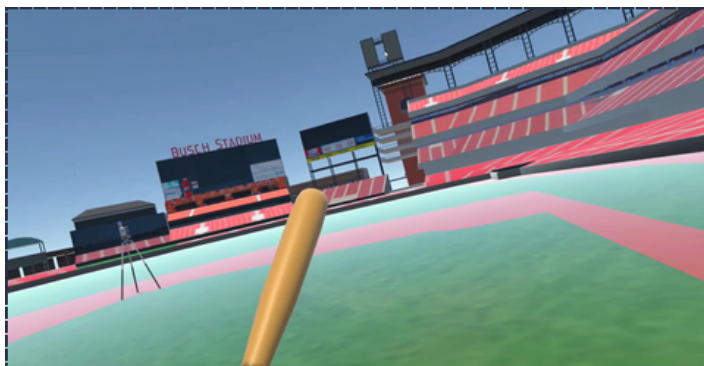
Step onto a VR court for free throws, drills, and full matches.

- Natural hand and body controls.
- Enhances teamwork, precision, and athletic focus.
- Perfect for schools, clubs, and recreation.

### 3. Baseball VR

Experience batting, pitching, and fielding in immersive VR.

- Realistic swing mechanics and reaction drills.
- Improves timing and hand-eye coordination.
- Great for academies and sports events.



### 4. Shooting VR

Challenge your accuracy in tactical VR missions.

- Motion-tracked aiming, reloading, and firing.
- Sharpens focus, reflexes, and control.
- Used for training and entertainment setups.



## **Key Benefits of ASFAN Dynamic Athletic Solutions**

- Immersive Training: Learn by being inside the action.
- Error Awareness: Compare correct form with common mistakes.
- Gamified Fitness: Exercise while playing and competing.
- Safe & Repeatable: Risk-free practice anytime, anywhere.
- Versatile Use: From classrooms to gyms, from federations to events.

## **Why ASFAN?**

ASFAN bridges sports science and interactive technology—offering the perfect blend of education, entertainment, and engagement.

- Global-standard VR & 360° solutions.
- Designed for learners of all ages and skill levels.
- Scalable and customizable packages.



## Get Started Today

For more information, demo scheduling, or consultation:



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**ASFAN - Building the Future of Technical Training through Immersive Virtual Reality Solutions**



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